A PERSONAL CYBER HYGIENE AUDIT REPORT

OLU-OLAGBUJI WINNER SIMILOLUWA

Passwords and Authentication

* Are your passwords strong, unique, and regularly updated? Yes, but not regularly updated
* Do you use a password manager or enable multi-factor authentication (MFA)? Yes

Device Security

* Are your devices protected by updated antivirus software and firewalls? Yes
* Do you keep your operating system, smartphone and software/applications up to date? Sometimes

Social Media Privacy

* Are your social media profiles configured for maximum privacy? No
* Are you currently oversharing personal information, and do you regularly review privacy settings? No

Email Practices

* Do you recognize and avoid phishing attempts? Sometimes
* How do you verify email sources, and what do you do when you see suspicious links? I verify email sources by comparing them to the one on their website. Well, I do that when it looks suspicious. When I see suspicious links, I don’t click on it.

Data Backup

* Do you regularly back up important data to secure locations? No
* Do you encrypt your data? Yes

Improvement Plan

* Review and update social media privacy settings.
* Back up important files weekly to an external drive or cloud storage.
* Regularly check email accounts for signs of phishing or breaches.
* Review and update social media privacy settings.
* Enable automatic updates for operating system, smartphones and applications.

This audit has highlighted strengths and areas needing improvement in my personal cybersecurity. By implementing the improvement plan, I can improve my online safety, protect sensitive data and reduce exposure to cyber threats and attacks. I plan to continue this audit to ensure ongoing protection.